

## Breakfast

<b>All Day Breakfast</b>	£5.25
Two slices of bacon, two sausages, egg, mushrooms, baked beans or tomato & doorstep toast	
<b>Eggs on Toast</b>	£3.95
Scrambled, or two fried or poached eggs served on doorstep toast	
<b>Ham &amp; Eggs</b>	£4.75
Two fried or poached eggs & ham, served with doorstep toast	
<b>Scrambled Egg &amp; Smoked Salmon</b>	£5.95
Scrambled egg & Scottish Smoked salmon served with doorstep toast	

### Breakfast Sandwiches

All of our breakfast sandwiches are served on our fantastic granary or white doorstep bread

Bacon sandwich	£2.95
Sausage sandwich	£2.95
Fried egg sandwich	£2.95
Bacon, fried or poached egg sandwich	£3.50

## Salads

<b>Hot bacon, Mushroom &amp; Avocado</b>	£6.95
Hot bacon strips, freshly cooked mushrooms, fresh avocado & parmesan shavings on a bed of rocket & baby spinach salad, drizzled with balsamic glaze & served with toasted ciabatta slices	
<b>Goats Cheese &amp; Sunblushed Tomatoes</b>	£6.95
Goats cheese, sunblushed tomatoes & toasted pine kernels on a bed of our house mixed salad lightly dressed in extra virgin olive oil & drizzled with balsamic glaze, served with toasted ciabatta slices	
<b>Sizzling Cajun Chicken</b>	£6.95
Strips of chargrilled chicken breast marinated in cajun spices, served with hummous on a bed of our house mixed salad, lightly finished with extra virgin olive oil, served with toasted ciabatta slices	
<b>Chicken Caesar</b>	£6.95
Chicken breast, crispy bacon, fresh parmesan shavings, on a bed of our house mixed salad, served with creamy ceasar dressing, served with toasted ciabatta slices	
<b>Tuna &amp; Avocado</b>	£6.95
Tuna flakes, avocado, black olives & hard boiled egg, on a bed of our house mixed salad dressed in a delicious french dressing, served with toasted ciabatta slices	

## Jacket Potatoes

Served with a fresh, crispy mixed leaf salad garnish, lightly dressed in extra virgin olive oil.....

Tuna & Cheddar cheese	£5.50
Cheddar cheese & baked beans	£4.95
Cheddar cheese & homemade coleslaw	£4.95
Roasted vegetables & hummous	£5.50
Prawns in Lime, chilli & mayonnaise, served with rocket and a wedge of lemon	£5.50

## Toasties

Served with a salad garnish & homemade coleslaw....

2 basic fillings (e.g. cheese & tomato)	£3.95
Roasted vegetable, Mozzarella & Pesto	£4.95
Chicken, Swiss cheese & mushroom	£4.95
Swiss cheese, ham & Dijon mustard	£4.95

## Gourmet Paninis

grilled to order on toasted ciabatta.....

<b>Ooh La! La!</b>	£5.45
Smokey bacon, creamy melted french brie and cranberry sauce, served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	
<b>Italiano</b>	£5.45
Chicken breast, red peppers, pesto & melted mozzarella served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	
<b>Veggie Delight</b>	£5.45
Chargrilled vegetable, hummous, melted mozzarella and a sprinkling of pine nuts, served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	
<b>Tuscan</b>	£5.45
Goats cheese, sunblushed tomatoes, pesto & rocket, served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	
<b>Roma</b>	£5.45
Parma ham, melted mozzarella, sundried tomato with fresh basil leaves and olive oil served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	
<b>Texan</b>	£5.45
Strips of mouthwatering steak, cooked to order with onions, wholegrain mustard & crispy iceberg lettuce, served with a fresh, crispy mixed leaf salad garnish & homemade coleslaw	
<b>Apollo</b>	£5.45
Chicken, fresh parmesan shavings, rocket and balsamic vinegar, served with a fresh, crispy mixed leaf salad garnish & creamy homemade coleslaw	

## WRAPS

<b>Hoisin Duck</b>	£4.95
shredded duck, sliced cucumber & spring onion with hoisin sauce, in a soft tortilla wrap served with a fresh, crispy mixed leaf salad garnish & crisps	
<b>Sizzling Cajun Chicken</b>	£4.95
strips of chargrilled chicken breast marinated in cajun spices, served with hummous or mayo and fresh, crispy salad in a soft tortilla wrap, served with a crispy mixed leaf salad garnish & crisps	
<b>Mexican Tuna &amp; Cheddar Melt</b>	£4.95
spicy mexican tuna, cheddar cheese & tortilla chips all grilled in a soft tortilla wrap, served with a crispy mixed leaf salad garnish & crisps	

## Speciality Sandwiches

<b>Fish Fingers</b>	£4.45
Warm fish fingers, crispy iceberg lettuce with creamy mayonnaise & ketchup, served with a mixed leaf salad garnish & crisps	
<b>From the Deep</b>	£4.45
North atlantic prawns in mayo with a hint of lime and chilli & fresh rocket, served with a mixed leaf salad garnish & crisps	
<b>Sausage Sarnie</b>	£4.45
Speciality pork and leek sausages with caramelised onion and dijon mustard, served with a mixed leaf salad garnish & crisps	
<b>Italian Mozzarella &amp; Avocado</b>	£4.45
Mozzarella with fresh basil leaves, avocado, tomato, and toasted pine kernels, served with a mixed leaf salad garnish & crisps	
<b>Mediterranean</b>	£4.45
Feta cheese, olives, sundried tomato with fresh basil	
<b>Chicken Caesar</b>	£4.45
Chicken breast, crispy bacon, fresh parmesan shavings, lettuce & ceasar dressing, served with a mixed leaf salad garnish & crisps	